

First Bridge Centre – Sickness traffic light

Red - No session today

- Any illness or infection within an exclusion period as specified by Public Health England.
- Fever of 37.8 degrees or higher.
- Wheezing or shortness of breath.
- Continuous cough.
- Constant runny nose with yellow/green tint.
- Diarrhoea or vomiting within the last 48 hours.
- Sore throat or swollen glands.
- Undiagnosed rash.
- Persistent itching.
- Uncovered sores.
- Cannot join in daily routine.
- Unable to take part in normal nursery activities inside and outside

Amber - Join us if parents can collect within an hour of being contacted

- Minimal green/yellow runny nose.
- Lethargy.
- Redness or runny eyes

Green - OK to come in

- Clear runny nose.
- Active, playful and rested.